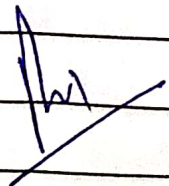


योग शिविर

महाविद्यालय में वी०एड० विभाग के तृतीय सेमेस्टर के शिक्षणार्थियों के लिए पांच दिवसीय योग शिविर (2 अप्रैल से 6 अप्रैल 2021) का आयोजन किया गया, जिसमें कि योग शिक्षक डा० मनोज कुमार के द्वारा शिक्षण प्रदान किया गया, शिविर में छात्राध्यक्षों व छात्राध्यक्षिकाओं को योग के वैज्ञानिक और व्यवहारिक ज्ञान से अवगत कराया गया, व्यवहारिक ज्ञान हेतु प्रथम सत्र प्रतिदिन प्रातः 6 बजे से प्रारम्भ किया गया, जिसमें कि विभिन्न प्रकार के प्राणायामों, आसनों, कौं करणों का शिक्षण प्रदान किया गया, द्वितीय सत्र प्रातः 8:30 से आयोजित किया गया जिसमें कि योग के विभिन्न प्रकारों, व महत्व की जानकारी प्रदान की गई, वी०एड० शिक्षणार्थियों के द्वारा उक्त शिविर की विस्तृत रिपोर्ट भी तैयार की गई, जिसे कि शिविर के समापन समारोह में प्रस्तुत किया गया, समापन समारोह में शिविर के शिक्षक, महाविद्यालय के प्राचार्य, विभागाध्यक्ष, एवं शिक्षकगण उपस्थित थे,



College Name: Rath Mahavidhyalaya, Paithani, Pauri Garhwal(131)

Department Name: - B.Ed(Session 2019-21)

02/04/2021 से 06/04/2021 Ssmster-3 (Govt)

योगातिथि उपस्थिति पंजिका

S.No.	Roll no	Name	1	2	3	4	5
1	19131106001	ALKA MAMGAIN	Alka	Alka	Alka	Alka	Alka
2	19131106002	ALPANA	Alpana	Alpana	Alpana	Alpana	Alpana
3	19131106004	ANITA	Anita	Anita	Anita	Anita	Anita
4	19131106005	ANJALI KATHAIT	Anjali	Anjali	Anjali	Anjali	Anjali
5	19131106006	ANJU	Anju	Anju	Anju	Anju	Anju
6	19131106008	ANURADHA	Anuradha	Anuradha	Anuradha	Anuradha	Anuradha
7	19131106009	ARTI NEGI	Arti	Arti	Arti	Arti	Arti
8	19131106011	BHARTI	Bharti	Bharti	Bharti	Bharti	Bharti
9	19131106013	BHAWANA PUJARI	Bhawana	Bhawana	Bhawana	Bhawana	Bhawana
10	19131106015	DEEKSHA BHATT	Deeksha	Deeksha	Deeksha	Deeksha	Deeksha
11	19131106016	DEEKSHA JOSHI	Deeksha	Deeksha	Deeksha	Deeksha	Deeksha
12	19131106017	DHARMENDRA KUMAR	Dharmendra	Dharmendra	Dharmendra	Dharmendra	Dharmendra
13	19131106022	KAVITA RANA	Kavita	Kavita	Kavita	Kavita	Kavita
14	19131106023	KHASTI	Khasti	Khasti	Khasti	Khasti	Khasti
15	19131106024	KHUSHBU	Khushbu	Khushbu	Khushbu	Khushbu	Khushbu
16	19131106025	KIRAN	Kiran	Kiran	Kiran	Kiran	Kiran
17	19131106026	KM ARATI	Arati	Arati	Arati	Arati	Arati
18	19131106029	KM KIRAN	Kiran	Kiran	Kiran	Kiran	Kiran
19	19131106030	KM KIRAN	Kiran	Kiran	Kiran	A	Kiran
20	19131106031	KM LAXMI	Laxmi	Laxmi	Laxmi	Laxmi	Laxmi
21	19131106033	KM MINAKSHI	Minakshi	Minakshi	Minakshi	Minakshi	Minakshi
22	19131106034	KM NIDHI	Nidhi	Nidhi	Nidhi	Nidhi	Nidhi
23	19131106036	KM RITU	Ritu	Ritu	Ritu	Ritu	Ritu
24	19131106038	KM SANTOSHI	Santoshi	Santoshi	Santoshi	Santoshi	Santoshi
25	19131106039	KM SHEELA	Sheela	Sheela	Sheela	Sheela	Sheela
26	19131106041	KM SUMAN	Suman	Suman	Suman	Suman	Suman
27	19131106042	KM. KUNTI	Kunti	Kunti	Kunti	Kunti	Kunti
28	19131106043	KOMAL RAWAT	Komal	Komal	Komal	A	Komal
29	19131106047	MEENAKSHEE	Meenakshee	Meenakshee	Meenakshee	Meenakshee	Meenakshee
30	19131106051	NEELAM	Neelam	Neelam	Neelam	Neelam	Neelam
31	19131106053	NEHA	Neha	Neha	Neha	Neha	Neha
32	19131106054	NIDHI CHAUHAN	Nidhi	Nidhi	Nidhi	Nidhi	Nidhi
33	19131106055	NIRMALA	Nirmala	Nirmala	Nirmala	Nirmala	Nirmala
34	19131106061	ROSHANI	Roshani	Roshani	Roshani	Roshani	Roshani
35	19131106062	SAKSHI	Sakshi	Sakshi	Sakshi	Sakshi	Sakshi
36	19131106063	SAPNA PANWAR	Sapna	Sapna	Sapna	Sapna	Sapna
37	19131106064	SARITA	Sarita	Sarita	Sarita	Sarita	Sarita
38	19131106065	SEEMA CHAMOLI	Seema Chamoli	Seema Chamoli	Seema Chamoli	Seema Chamoli	Seema Chamoli
39	19131106067	SHALINI SATI	Shalini	Shalini	Shalini	Shalini	Shalini
40	19131106068	SHIVANI	Shivani	Shivani	Shivani	Shivani	Shivani
41	19131106069	SHIVANI	Shivani	Shivani	Shivani	Shivani	Shivani
42	19131106070	SHOBHA PUROHIT	Shobha	Shobha	Shobha	Shobha	Shobha
43	19131106072	SIMRAN TODARIA	Simran	Simran	Simran	A	Simran

	19131106073	SMITA	Smita	Smita	Smita	Smita	Smita
	19131106074	SONAM	Sonam	Sonam	Sonam	Sonam	Sonam
46	19131106075	SONIYA BABY SAHU	Soniya	Soniya	Soniya	Soniya	Soniya
47	19131106076	SUDHA SINGH	Sudha	Sudha	Sudha	Sudha	Sudha
48	19131106077	SUNAINA	Sunaina	Sunaina	Sunaina	Sunaina	Sunaina
49	19131106078	SUNEETA	Suneeta	Suneeta	Suneeta	Suneeta	Suneeta
50	19131106079	SWECHHA BAMBARA	Swechha	Swechha	Swechha	Swechha	Swechha
51	19131106084	AJAY PRASAD	Ajay	Ajay	Ajay	Ajay	Ajay
52	19131106085	AJAY RANA	Ajay	Ajay	Ajay	Ajay	Ajay
53	19131106088	AMIT GAIRI	Amit	Amit	Amit	Amit	Amit
54	19131106091	ANKIT RAWAT	Ankit	Ankit	Ankit	Ankit	Ankit
55	19131106092	ANKIT SINGH	Ankit	Ankit	Ankit	Ankit	Ankit
56	19131106093	ANKIT SINGH RANA	Ankit	Ankit	Ankit	Ankit	Ankit
57	19131106094	ANOOP SINGH	Anoop	Anoop	Anoop	Anoop	Anoop
58	19131106095	ANUJ SINGH	Anuj	Anuj	Anuj	Anuj	Anuj
59	19131106096	ANUSUYA SINGH	Anusuya	Anusuya	Anusuya	Anusuya	Anusuya
60	19131106097	ASHISH KUMAR	Ashish	Ashish	Ashish	Ashish	Ashish
61	19131106098	BADAR SINGH	Badar	Badar	Badar	Badar	Badar
62	19131106100	DAVENDRA KUMAR	Davendra	Davendra	Davendra	Davendra	Davendra
63	19131106102	MAMTA	Mamta	Mamta	Mamta	Mamta	Mamta
64	19131106105	DEEPAK SINGH	Deepak	Deepak	Deepak	Deepak	Deepak
65	19131106106	DEEPAK SINGH	Deepak	Deepak	Deepak	Deepak	Deepak
66	19131106107	DHLERAJ KUMAR	Dhleraj	Dhleraj	Dhleraj	Dhleraj	Dhleraj
67	19131106108	GOVIND SINGH	Govind	Govind	Govind	Govind	Govind
68	19131106109	HAKENDRA SINGH	Hakendra	Hakendra	Hakendra	Hakendra	Hakendra
69	19131106110	HEMANT PRASAD	Hemant	Hemant	Hemant	Hemant	Hemant
70	19131106111	JAGANNATH PRASAD	Jagannath	Jagannath	Jagannath	Jagannath	Jagannath
71	19131106113	JITENDRA	Jitendra	Jitendra	Jitendra	Jitendra	Jitendra
72	19131106114	KALAM SINGH	Kalam	Kalam	Kalam	Kalam	Kalam
73	19131106115	KAMLESH MUYAL	Kamlesh	Kamlesh	Kamlesh	Kamlesh	Kamlesh
74	19131106116	KANCHAN PANWAR	Kanchan	Kanchan	Kanchan	Kanchan	Kanchan
75	19131106117	KANHAIYA PRASAD	Kanhaiya	Kanhaiya	Kanhaiya	Kanhaiya	Kanhaiya
76	19131106118	KARN SINGH	Karn	Karn	Karn	Karn	Karn
77	19131106119	KESHAV AWASTHI	Keshav	Keshav	Keshav	Keshav	Keshav
78	19131106122	KULDEEP LAL	Kuldeep	Kuldeep	Kuldeep	Kuldeep	Kuldeep
79	19131106123	MANOJ KUMAR	Manoj	Manoj	Manoj	Manoj	Manoj
80	19131106124	MANOJ KUMAR	Manoj	Manoj	Manoj	Manoj	Manoj
81	19131106126	NAVEEN CHANDRA JOSHI	Naveen	Naveen	Naveen	Naveen	Naveen
82	19131106127	NEERAJ KUMAR	Neeraj	Neeraj	Neeraj	Neeraj	Neeraj
83	19131106128	NEERAJ SINGH	Neeraj	Neeraj	Neeraj	Neeraj	Neeraj
84	19131106129	PANKAJ NAUTIY	Pankaj	Pankaj	Pankaj	Pankaj	Pankaj

85	x	19131106131	PAWAN KUMAR	Pawan	Pawan	A	A	Pawan
86	✓	19131106132	PRAVEEN ASWAL	Pra	Pra	Pra	Pra	Pra
87	x	19131106135	RAHUL KUMAR	Rahul	Rahul	Rahul	Rahul	Rahul
88	x	19131106137	RAVINDER SINGH	A	A	A	A	
89	✓	19131106138	ROJI SINGH	Rohit	Rohit	Rohit	Rohit	Rohit
90	✓	19131106139	SACHIN SINGH	Sachin	Sachin	Sachin	Sachin	Sachin
91	x	19131106140	SACHIN SINGH PAILURA	A	A	A	A	
92	x	19131106141	SARVESH KUMAR	Sarvesh	Sarvesh	Sarvesh	Sarvesh	Sarvesh
93	x	19131106142	SATPAL SINGH	Satpal	Satpal	Satpal	Satpal	Satpal
94	x	19131106144	SHAILENDRA SINGH	Shailendra	A	Shailendra	Shailendra	Shailendra
95	x	19131106145	SING RAJ	Sing Raj	Sing Raj	Sing Raj	Sing Raj	Sing Raj
96	x	19131106146	SUMIT SHAH	Sumit	Sumit	Sumit	Sumit	Sumit
97	x	19131106147	SUNIL	Sunil	Sunil	Sunil	Sunil	Sunil
98	✓	19131106148	SUNIL KUMAR	Sunil	Sunil	Sunil	Sunil	
99	x	19131106149	SUNIL KUMAR	A	A	A	A	
100	✓	19131106150	SUNIL SINGH	Sunil	Sunil	Sunil	Sunil	Sunil
101	✓	19131106151	SURAJ SINGH	Suraj	Suraj	Suraj	Suraj	Singh













